

Facilitation Guide

Lesson Plan Timeline (40 minutes)

35 min with 5 minute buffer

Introduction (2 min)

- Motivation
 - Why are we doing this?
Being a teen is hard, the systems built to serve us often don't and the burden of care falls on other teens. However, peer-support works for a reason- activity is designed to give you(th) the tools to better ask for and offer support.

Background (3 min)

- The evidence and background guiding our activity.
 - What is safety?
 - Safety in numbers. Introducing "we keep each other safe" as an abolitionist philosophy of community care and mutual aid.
 - What is a zine? History?? Emphasis on empowerment and autonomy
 - The roots of zine in sci-fi fanart and punk movements. The role of zines in peer-to-peer knowledge mobilization within feminist and queer communities with revolutions and advancements in printing technology.

Demo (5 min)

- "How-to" fold a zine demo, time to cut and fold them (all together)
 - Other facilitators to circulate and provide assistance as needed
- Showing the zine, showing our zines- going through the prompts
 - "This is how I filled mine out"
 - Present the alternative: that they can use the blank side of the zine to make their own if they don't want to use our prompts. They can make it a story, a poem, a guide, or anything they want basically.

Zine-making + Safety Mapping (20 min)

- Have music !! Lo-fi beats to study to on YouTube
- Encourage them to share while they fill them out, have facilitators circulate to promote engagement- or have them sit down and fill one out alongside participants.

Close (5 min)

- Wrap up, put away materials, and discussion
- Unfold + open up one of the examples to show that at the end they should have a map
- Ask if anyone wants to share theirs, or reflect on the activity